Weekly Planner

Specially designed for AutismWish

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INTRODUCTION

This weekly planner has been created to help children schedule plans and activities over a week. It can help them with managing time and tracking tasks eventually helping them become more independent.

**Note:** It is advisable to print and laminate the planner so it can be reused effectively.

**Suggested paper size for printing:** A3
Reusable Activity Flashcard

- brush my hair
- brush my teeth
- climb
- collecting coins
- comb my hair
- do your homework
- drawing
- exercise
- floss
- go to school
- go to sleep
- jumping
- make lunch
- play a game
- play an instrument
- play soccer
- play tennis
- playing guitar
- reading
- ride my bike
- skate
- skip
- swimming
- take a shower
- writing
- clean up toys
- be gentle to animals
- visiting a farm
- eating lunch
- eating snacks
- drinking water
- getting ready
Guideline

Flashcards with dotted lines border can be used as visual activity placements on the weekly planner. Simply cut the image and laminate it. Ask the child to place these flashcards on the planner to plan their entire week! Visual weekly planners are a great tool for time management and activity tracking!

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If you want a resource for something specific, you can fill out our contact form and put in a request!

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